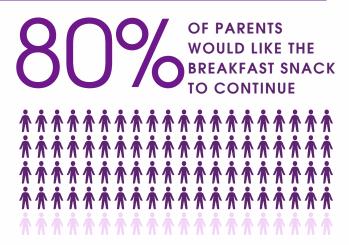


BREAKFAST SURVEY PARENT RESPONSES

Following a grant from ASDA we have been able to provide a healthy breakfast snack everyday for the children in KS2. With a range of snacks available from fresh fruit to brioche. Here is the Data we have collected from parents regarding the breakfast snack trial.



OF PARENTS HAVE SAID THEIR CHILD HAS BENEFITED FROM THE BERAKFAST SNACK

OF PARENTS HAVE SAID THEIR CHILD MAY HAVE BENEFITED FROM THE **BREAKFAST SNACK.**

"Both mine have loved this. I struggle to get the children to eat breakfast so this has been fantastic."

"She actually looks forward to it and it makes a positive start to her day. She often skips breakfast despite offering her various choices at home but loves the idea of having a snack at school!"

"They have said they have more energy and not as starving by playtime. There is also less stress in the morning trying to force them to eat if they are not ready for breakfast yet."

"She is enjoying eating at school and trying foods she won't eat at home"

"Access to snack when needed. Breakfast is always offered at home but not always fully eaten."

"My Child calls it a morning motive before she begins there morning"

"Energy boost" "Brain Food" "Less Hunger Peaks throughout the day"

OF PARENTTS WOULD LIKE THE **BREAKFAST SNACK TO** CONTINUE

OF PARENTS THINK THE **BREAKFAST SNACK HAS** HAD AN IMPACT ON **MENTAL & PHYSICAL** HEALTH

ADDITIONAL COMMENTS FROM PARENTS/CARERS

"Even though my child has breakfast at home having that extra snack available if needed is a great idea. It also allows other children the chance to take a snack without feeling worried about being singled out"

"She actually looks forward to it and it makes a positive start to her day. She often skips breakfast despite offering her various choices at home but loves the idea of having a snack at school!"

"The reassurance of knowing there is the option of a breakfast snack is great. It really takes away from the stress of the morning routine. I think the snack maintains their energy levels and improves concentration for learning too."

"Whilst my child always eats breakfast at home, I think this is a really worthwhile scheme that all children can benefit from."

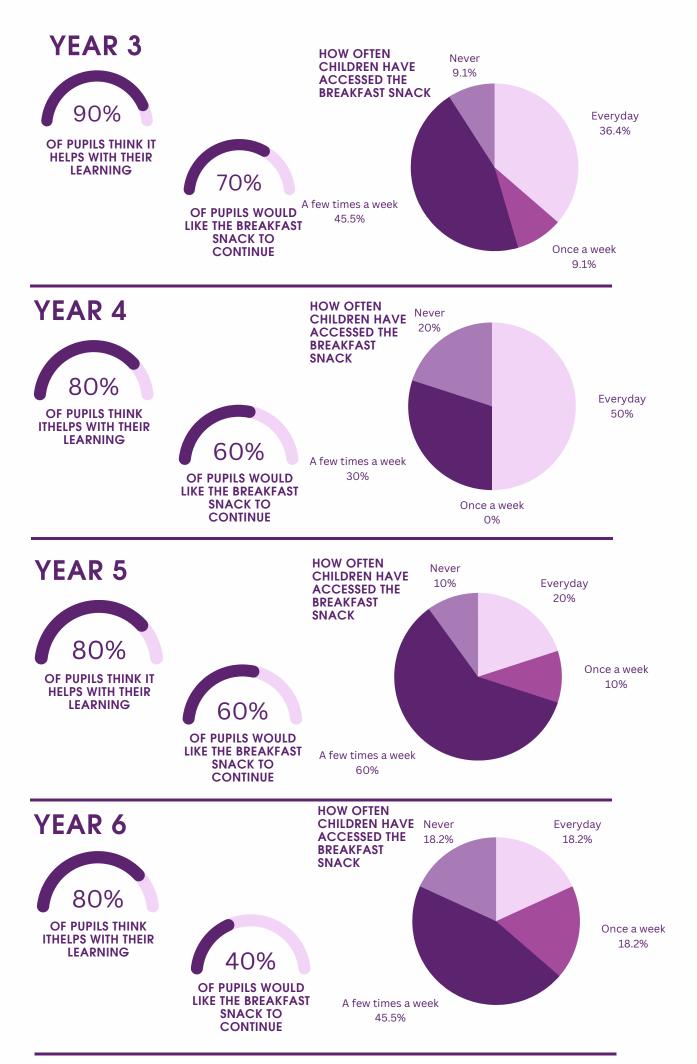
"It's a good idea as if my child refused to eat breakfast at home I know there's something at school if she changes her mine and get hungry."

"My children tell me the children in the class are positive and

DATA COLLECTED FROM PARENT SURVEY SENT HOME IN APRIL 2023



BREAKFAST SURVEY PUPIL RESPONSES



HOW PUPILS FELT BEFORE THE BREAKFAST SNACK

"Hungry" 'Very hungry" 'Peckish" 'Tired"

'Kind of hungry" 'Sleepy" 'Normal"

'Low amount of energy" 'hungry so my stomach hurts'

HOW PUPILS FELT AFTER THE BREAKFAST SNACK

"Less Peckish" "Good and full" "**Strong**"

"A bit more happy" "Happy because its yummy"

"Energetic" "Re-energized" "Ecstatic"

"Happy" "Full" "Good"

"I don't really use it but better when I do"

DATA COLLECTED FROM PUPIL SURVEY CONDUCTED IN APRIL 2023