



## Food & Fun Holiday Programme Menu 2023

Week 1	Day 1	Day 2	Day 3	Day 4
<i>Breakfast</i>	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice
<i>Main Courses</i>	Salmon Fish Fingers, Jacket Potato, Baked Beans & Coleslaw	Meatballs in a Tomato Sauce and Spaghetti Mixed Vegetables & Mixed Salad	Breaded Fish Oven Chips or Pasta, Peas, Sweetcorn & mixed salad	Roast Turkey, Mashed Potatoes, Stuffing & Gravy Broccoli & Carrots
<i>Vegetarian Option</i>	Country Bake, Jacket Potato, Baked Beans & Coleslaw	Vegetarian Balls in a Tomato Sauce and Spaghetti Mixed Vegetables & Mixed Salad	Cheese omelette Oven Chips, Peas, Sweetcorn & mixed salad	Vegetarian Sausage, Roast & Mashed Potatoes, Stuffing & Gravy Broccoli & Carrots
<i>Dessert</i>	Fresh Fruit Salad or Fruit & Yoghurt	Melon or Fruit & Yoghurt	Strawberries or Fruit & Yoghurt	Fresh Fruit Salad or Fruit & Yoghurt
Week 2	Day 5	Day 6	Day 7	Day 8
<i>Breakfast</i>	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice
<i>Main Courses</i>	Spaghetti Bolognese Garlic Bread Peas & Sweetcorn	Sausage, Mashed Potato Carrots & Broccoli & Gravy	Breaded Cod or Salmon Fish Fingers, Oven Chips or Pasta Peas, Carrots & mixed salad	Roast Beef, Yorkshire Pudding Roast & Mashed potatoes, Gravy Carrots & Green beans
<i>Vegetarian Option</i>	Vegetarian Spaghetti Bolognese Garlic Bread Peas & Sweetcorn	Vegetarian Sausage, Mashed Potato Carrots & Broccoli & Gravy	Cheese omelette Oven Chips or Pasta, Peas, Carrots & mixed salad	Vegetarian Sausage, Yorkshire Pudding Roast & Mashed Potatoes, Gravy Carrots & Green Beans
<i>Dessert</i>	Melon or Fruit & Yoghurt	Strawberries or Fruit & Yoghurt	Fresh Fruit Salad or Fruit & Yoghurt	Melon or Fruit & Yoghurt
Week 3	Day 9	Day 10	Day 11	Day 12
<i>Breakfast</i>	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice	Toast, Cereal with milk Fruit Yoghurt & Fruit Juice
<i>Main Courses</i>	Fish Finger or Salmon Fish Fingers & Oven Chips or Pasta Baked Beans & Mixed salad	Bbq Chicken Wrap, Coleslaw Sweetcorn, mixed Salad & Carrot Sticks	Lasagne, Mixed Salad & Garden Peas Garlic Bread	Roast Turkey, Roast & Mashed Potatoes, Stuffing & Gravy Cabbage & Carrots
<i>Vegetarian Option</i>	Cheese Omelette & Oven Chips or Pasta Baked Beans & Mixed salad	Vegetarian Nugget Wrap, Potato Wedges Sweetcorn, mixed Salad & Carrot Sticks	Vegetarian Lasagne, Mixed Salad & Garden Peas Garlic Bread	Vegetarian Sausage, Roast & Mashed Potatoes, Stuffing & Gravy Cabbage & Carrots
<i>Dessert</i>	Strawberries or Fruit & Yoghurt	Fresh Fruit Salad or Fruit & Yoghurt	Melon or Fruit & Yoghurt	Strawberries or Fruit & Yoghurt

Bread, Fresh Fruit and Summer Salad Bar Available Daily!