Food & Fun Holiday Programme Menu 2023

Week 1	Day 1	Day 2	Day 3	Day 4
Russklask	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk
Breakfast	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice
Main Courses	Salmon Fish Fingers, Jacket Potato, Baked Beans & Coleslaw	Meatballs in a Tomato Sauce and Spaghetti	Breaded Fish	Roast Turkey, Mashed Potatoes,
		Mixed Vegetables & Mixed Salad	Oven Chips or Pasta, Peas, Sweetcorn & mixed salad	Stuffing & Gravy Broccoli & Carrots
Vegetarian Option	Country Bake, Jacket Potato, Baked Beans & Coleslaw	Vegetarian Balls in a Tomato Sauce and Spaghetti	Cheese omelette	Vegetarian Sausage, Roast & Masheo Potatoes, Stuffing & Gravy
		Mixed Vegetables & Mixed Salad	Oven Chips, Peas, Sweetcorn & mixed salad	Broccoli & Carrots
Dessert	Fresh Fruit Salad or Fruit & Yoghurt	Melon or Fruit & Yoghurt	Strawberries or Fruit & Yoghurt	Fresh Fruit Salad or Fruit & Yoghurt
Week 2	Day 5	Day 6	Day 7	Day 8
Breakfast	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk
51 000 7 000	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice
Main Courses	Spaghetti Bolognaise Garlic Bread	Sausage, Mashed Potato	Breaded Cod or Salmon Fish Fingers, Oven	Roast Beef, Yorkshire Pudding
	Peas & Sweetcorn	Carrots & Broccoli & Gravy	Chips or Pasta	Roast & Mashed potatoes, Gravy Carro
			Peas, Carrots & mixed salad	Green beans
Vegetarian Option	Vegetarian Spaghetti Bolognaise Garlic	Vegetarian Sausage, Mashed Potato	Cheese omelette	Vegetarian Sausage, Yorkshire Puddin
	Bread	Carrots & Broccoli & Gravy	Oven Chips or Pasta, Peas, Carrots & mixed	Roast & Mashed Potatoes, Gravy
	Peas & Sweetcorn		salad	Carrots & Green Beans
Dessert	Melon or Fruit & Yoghurt	Strawberries or Fruit & Yoghurt	Fresh Fruit Salad or Fruit & Yoghurt	Melon or Fruit & Yoghurt
Week 3	Day 9	Day 10	Day 11	Day 12
Breakfast	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk	Toast, Cereal with milk
Main Courses	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice	Fruit Yoghurt & Fruit Juice
	Fish Finger or Salmon Fish Fingers & Oven	Bbq Chicken Wrap, Coleslaw	Lasagne, Mixed Salad & Garden Peas	Roast Turkey, Roast & Mashed Potatoe
	Chips or Pasta	Sweetcorn, mixed Salad & Carrot Sticks	Garlic Bread	Stuffing & Gravy
	Baked Beans & Mixed salad			Cabbage &Carrots
	Cheese Omelette & Oven Chips or Pasta	Vegetarian Nugget Wrap, Potato	Vegetarian Lasagne, Mixed Salad & Garden	Vegetarian Sausage, Roast & Mashed
Vacatorian Oration				Potatoes, Stuffing & Gravy
Vegetarian Option		Wedges	Peas	Toluloes, stolling & Gluy
Vegetarian Option	Baked Beans & Mixed salad	Wedges Sweetcorn, mixed Salad & Carrot Sticks	Garlic Bread	Cabbage & Carrots
Vegetarian Option				

Bread, Fresh Fruit and Summer Salad Bar Available Daily!

